

TRAINING COURSE: PHARMACOTHERAPY IN OLDER PEOPLE

FINAL PROGRAMME

Friday 25 October, London,

Pullman St Pancras Hotel, Meeting Room Regent's Park 5-6-7

08:30 Registration

09:00 Welcome: introduction and course objectives

Thomas A Schmidt, Keld Kjeldsen, Heinz Drexel, Juan Carlos Kaski

09:10 – 10:10

SESSION 1: GENERAL ASPECTS

Chairpersons: H Drexel and B Lewis

20min

- Demographical developments and feasibility of treating older patients in a short stay unit- "The Elderly" trial.

T. A. Schmidt

20min - Drug metabolism in older people - J. Tamargo - Discussion

10:10 – 10:40 SESSION 2: DIURETICS
Chairpersons: J Tamargo and S Agewall

15min - The problem of Hypo- and hyperkalemia in older people - K Kjeldsen

15min - Case discussion

10:40 – 11:00 Refreshments and networking

11:00 – 11:30

SESSION 3: ANTIHYPERTENSIVES – Optimal management of hypertension in older people
Chairpersons: B Lewis and A Ferro

15min - Presentation - Anti-hypertensive treatment in older patients - N Beckett

15 min - Case presentation and discussion – N Beckett

11:30 – 12:00 SESSION 4: ANTIARRHYTHMICS
Chairperson: G Savarese and S Wassmann

15min - Therapeutic decisions in the elderly – M Sohal
15min - Case presentation and discussion– M Sohal

12:00 - 13:00 Lunch and networking

13:00 – 13:30SESSION 5: LIPID LOWERING DRUGS
Chairpersons: H Drexel and Paul Collinson15min- Lipid lowering agent selection in the elderly- H Drexel15min- Case presentation and discussion – P Collinson

13:30 – 14:10

SESSION 6: GLUCOSE LOWERING DRUGS – Debate
Chairpersons: A Panahloo and K Earle

15min
- Tight glycemic control is necessary – PRO: H Drexel
- Tight glycemic control is necessary – CONTRA: T A Schmidt
- Discussion

14:10 - 14:40	SESSION 7: DOACs in AF stroke prevention
	Chairpersons: I Savelieva, J Uprichard, B Lewis
15min	- Presentation: The use of DOACs in older individuals – I Savelieva
15min	- Case presentation and discussion – I Savelieva



14:40 – 15:10 Refreshments and networking

15:10 – 15:50 SESSION 8: ANTIPLATELET THERAPY Chairpersons: JC Kaski and A Ferro

20 min - Guidelines & beyond - cases: S Wassman

20 min - Discussion

15:50 – 16:30 Session 9: **POLYPHARMACY**

Chairpersons: J Tamargo and T A Schmidt

20min - Problems with polypharmacy in older people – J Tamargo

20min - Cases and Discussion

16:30 – 16:45 Closing remarks: H Drexel – T A Schmidt – JC Kaski

UEMS – EACCME accreditation



The course is accredited to provide **5 hours of CME credits** by the European Accreditation Council for Continuing Medical Education (EACCME). In order to claim these CME credits, we require feedback on the educational activity. Participants will receive a link to an online satisfaction questionnaire. Once completed, you will receive by e-mail your CME accreditation certificate.

Acknowledgements

This course is supported with an educational grant by Daiichi Sankyo and the Bristol-Myers Squibb and Pfizer Alliance. Its content has in no way been influenced by the sponsors.







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